WEATHER EXPLORATION EXPERIENTIAL



**Let’s try a top-down approach!**

1. Using the first piece of paper, write down

a list of words or phrases that describe

**your current state** in WEATHER TERMS!

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**2.** Next piece of paper, using 

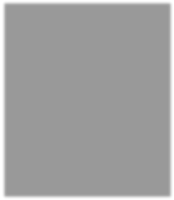
line/shape/color **FILL** the page with the

**FEELING** of this weather state you have

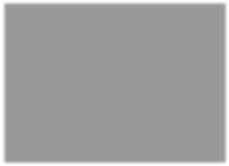
described!



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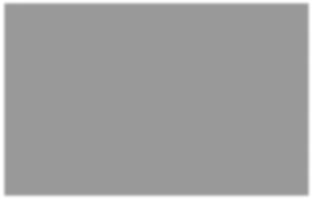
**3. Final step, translate this image to** 

**movement or sound.**

**Explore with your body:** move around the 

room. How does this weather move? If you

were experiencing this weather, how would

you move through it? 

**Explore with sound:** make rhythms and

noises, using whatever is available

or find a song/recorded music.



WEATHER EXPLORATION EXPERIENTIAL CONNECTING IN BREAKOUT ROOMS! 

**Part One: Share your individual weather states with the group!** Start with part 3 [sound/movement] then share drawing or words as needed!

**Part Two: GROUP FORECAST**

Together, create a forecast for the future 

(this can be creative- does not have to be

realistic). Consider what you want/need!?

Prepare a short “skit” of a weather person

giving this forecast (think TV or Radio)!