Module 3 Day 1 Video Links

Kristen Tootoosis

1. Activity: Draw a song - Nahko - We Are on Time

6:14 in length

<https://youtu.be/m3rLLALWYyk>

2. Defense Mechanisms- 2:23 in length

<http://www.oprah.com/own-super-soul-sunday/why-do-we-assume-that-everyones-telling-the-truth>

3. Educator Self-Care- How can we support the emotional well-being of teachers? | Sydney Jensen

11:31 in length

<https://youtu.be/OfCLTQhW9GQ>

Extension/optional \*only if there is time\*

In closing for building a healthy connection with participants.

Nahko and Medicine For the People - Tus Pies - 5/17/2016 - Paste Studios, New York, NY

3:50 in length

<https://youtu.be/QdzBjEzTGPc>