

RELEVANT | INSIGHTFUL | PROVOCATIVE

Indigenous Trauma **Liberation** CERTIFICATION

Launching 2021

An Indigenous Trauma Liberation Certification
for anyone working with and for Indigenous
children

Authentically Indigenous



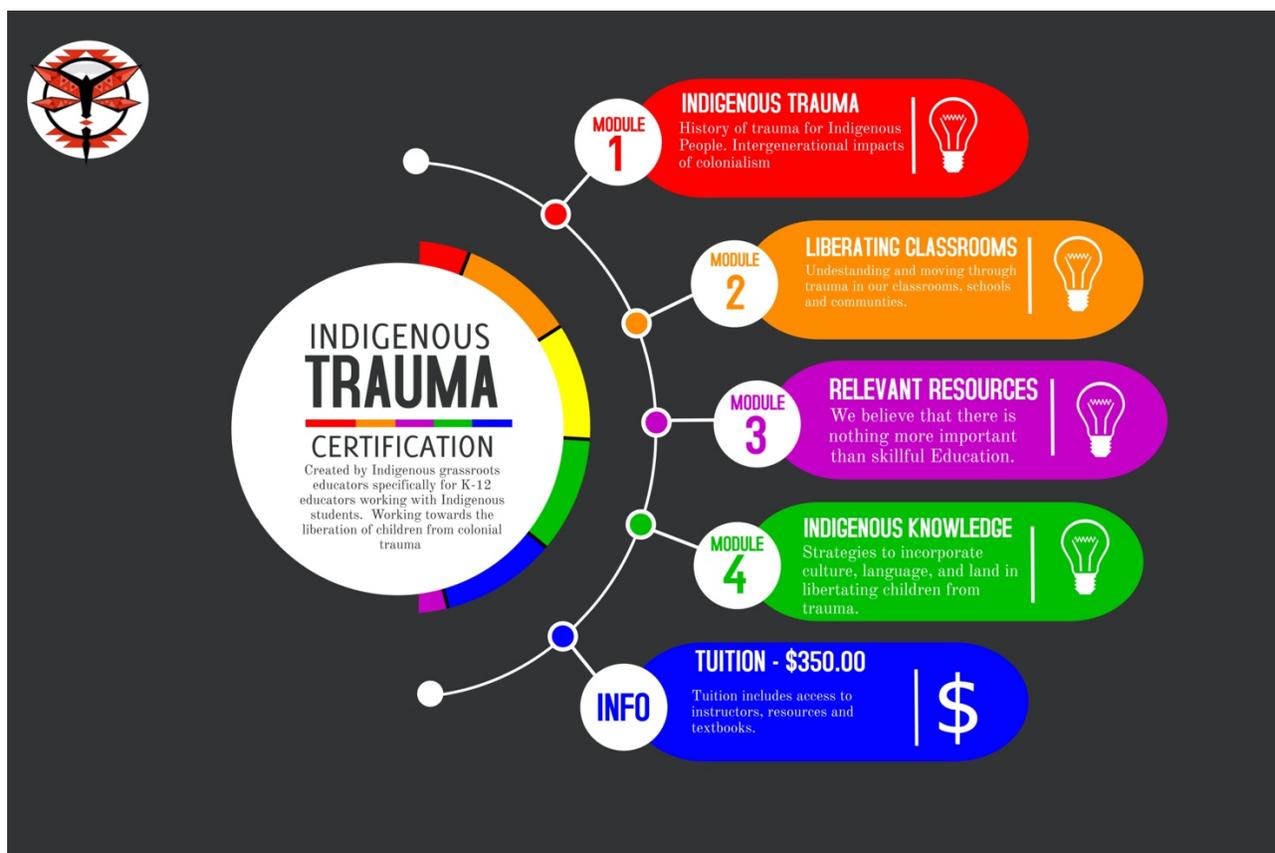
ABOUT

As Certified Indigenous Counsellors and Professional Indigenous Educators, Think Indigenous Events is pleased to offer a ground breaking Indigenous training with our **INDIGENOUS TRAUMA LIBERTATION CERTIFICATE (ITLC)**. The ITLC is best suited to enhance the learning of those who wish to increase their knowledge in the area of Indigenous trauma liberation. In collaboration with Indigenous experts we have designed our four module certification to address the growing need for qualified K-12 educators to be trained in supporting Indigenous youth in their liberation from trauma.

As an organization Think Indigenous Events strives to offer programming that is grounded in Indigenous knowledge and ways of knowing. As an organization we work to provide the guidance necessary to respond to challenges, improve relationships, break the chains of colonialism and live a full and rewarding life after trauma.

Our focus is on addressing intergenerational trauma, breaking the cycle of residential schools and liberating Indigenous youth from trauma that continues to be a barrier to the success of Indigenous young people.

CERTIFICATION AT A GLANCE



INDIGENOUS TRAUMA CERTIFICATION



KRISTEN

Tootoosis

Kristen Tootoosis is from Tatanka Najin Dakota Nation. She is a mother, wife, artist, teacher and psychotherapist. Kristen received her Bachelor of Indigenous Education through the First Nations University of Canada and has devoted her teaching career to working with Indigenous children & youth. Currently, Kristen works with the Indigenous Wellness Research Community Network as a Psychotherapist at the Wellness Wheel Medical Clinic. Kristen is honoured to work with Indigenous children & youth, and Indigenous peoples from all walks of life. Kristen's pedagogy is focused on Indigenous Education combined with therapeutic methodologies with the outcome of Indigenous people becoming empowered by their unique life stories.

INSTRUCTOR PROFILE



INDIGENOUS TRAUMA CERTIFICATION



CHRIS

Scribe

Chris Scribe, Nakota/Nehiyaw (Assiniboine/Cree) is from the Carry the Kettle Nakota Oyade & Kinosaao Sipi Cree Nation's and firmly grounds himself in his Indigenous culture, language and tradition. His worldview, foundationally built on the life teachings of his father and grandmother, Chris has become an advocate for Indigenous Knowledge in Education.

INSTRUCTOR PROFILE

Chris' experience in education is extensive; he has taught every grade from 2-12 in International, National, Provincial and First Nation education systems. He has also served the roles of a special needs educator, acting principal, principal, superintendent, and Director of Canada's largest and most successful Indigenous Teacher Education Program.



INDIGENOUS TRAUMA CERTIFICATION

TATUM

Albert

Tatum Albert is a Cree/Michif/Polish Iskewew from Saskatoon. Her family originates from the Muskeg Lake First Nation and the Red river settlement as well as Poland. Tatum is a proud mother of 4 children. She has her BSW from First Nations University, BeD from U of Sack and MSW from U of Regina. Inspired by her two grandmother's love and ways of knowing, being and doing, Tatum's master's focus was on Wahkotowin in foster care: An examination of the gaps and strength in services for Indigenous youth ageing out of foster care. Tatum is currently a secondary counselor in Saskatoon high school as well as sessional lecturer in social work and offers professional development on trauma informed education and practice.

INSTRUCTOR PROFILE




INDIGENOUS TRAUMA CERTIFICATION



ROBYN

Morin

Robyn Morin and my bloodline begins in Beaver Lake First Nation. Her late kookom and capan were both from Beaver Lake First Nation and her mom is registered with Saddle Lake First Nation. Robyn's biological father is non-First Nations. She was born in Edmonton Alberta and she has lived in Treaty Four territory for over 25 years.

INSTRUCTOR PROFILE

Robyn has completed a Bachelor of Arts in Psychology and a Master of Education in Educational Psychology from the University of Regina. Robyn is a provisional psychologist with the Saskatchewan College of Psychologists. She grounds herself in braiding together Indigenous and Western modalities to healing and approaches everything she does with a trauma informed/sensitive perspective.

Robyn takes pride in being a mother to her son. Being a mother has been the greatest gift I have received in this lifetime. It was this role that pushed me to find the courage to begin my healing journey. Through ceremony, self-guided healing, and counselling, I actively work through my trauma to continuously recreate a life filled with happiness, gratitude, and peace.

"I look forward to spending time with you on this journey of self-discovery!"



Module 1

Western & Indigenous Modalities to Trauma & Healing; Intergenerational impacts.

This introductory course provides participants with a condensed exploration of the psychological trauma field. It includes historical, current, and emerging diagnoses, research and theories that explain the biopsychosocial nature of trauma, how trauma affects development and the lasting effects of trauma. This course is designed to provide psychoeducation on trauma, how one reacts out of trauma, how trauma impacts development, interpersonal relationships, the impact on learning, and how to recognize trauma. Sensitive topics will be discussed.

Participants are required to reflect and analyze how trauma has impacted their own personal lives, analyze their own response patterns, and begin to develop self-management strategies to support dysregulation. This experiential aspect of the course is designed to allow participants to integrate a new understanding of recognizing patterns of behavior, reactions that are a result of trauma, and how to provide self-management interventions to self-regulate.

Module 2

Identifying a Trauma Liberated Classroom, Teacher & School; Moving from informed to Liberation

This course is designed to support and provide ITLC participants the resources, insight and knowledge to identify trauma liberated classrooms, teachers and schools. This module is taught through an Indigenous lens and will provide ITLC participants authentic Indigenous cultural pedagogy in the areas of social justice, art therapy, eco art, Indigenous language and land-based education. This module will provide participants resources and tools that move from informing education systems about trauma to Indigenous liberation from trauma.

Module 3

Resources, Methodologies and Strategies to Support Indigenous Students Through Trauma;

This course is designed to introduce ITLC participants to methodologies, strategies, and resources to support students through trauma. Participants will become familiar with ACEs in relation to Indigenous students and the impacts that trauma has on the physiological aspects of a student. Participants will learn methods and strategies of Attending Behaviour, Basic Listening Sequence (BLS), ABC Method, Postmodern Approach, Karpman Triangle, and Cognitive Behaviour Theory. Participants will gain the skills in becoming trauma responsive educators by using the methods and strategies in this module.

Module 4

Incorporating Indigenous Culture, Language & Land in K-12 Trauma Liberation

This course is designed to introduce ITLC participants to authentic Indigenous cultural pedagogy that can be used to address the liberation of K-12 school aged children from trauma. Exploring a variety of Indigenous knowledges this course will provide participants lessons on using social justice, art therapy, eco art, ,Indigenous language and land based education as tools to addressing and liberating Indigenous children from their trauma. This course will also explore the impact of colonialism past, present and future and will provide resources to addressing it in the K-12 school system.

ITLC Timeline

***The ITLC consists of nine days of intense training.**

Module 1

Western & Indigenous Modalities to Trauma & Healing

Week 1 (8hrs of Instructional Time)

Instructor – Robyn Morin

Module 2

Identifying a Trauma Liberated Classroom, Teacher & School

Week 2 (8hrs of Instructional Time)

Instructor – Tatum Albert

Module 3

Resources, Methodologies & Strategies to Support Indigenous Students Through Trauma

Week 3 – 8hrs of Instructional Time

Instructor – Kristen Tootoosis

Module 4

Incorporating Indigenous Culture Language & Land in K-12 Trauma Liberation

Week 4 – 8 hrs of Instructional Time

Instructor – Chris Scribe

